

# The Gathering Personal Growth Guide

## Beyond Hunger Games – Part 4

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Isaiah 6

Currently our Community Groups are on Summer Break, which means that it is up to each group to decide if and when they will meet over the summer months. It isn't a time away from growth, though, and so we will continue to prepare these Growth Guides as a tool that you can use individually, as a family, or as a group. Community Groups will resume again during the week of September 16, 2012.

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## Consider...

Use the summary and questions to consider this week's message and its implications in your life:

### Message Summary

In the final week of our 4 part series on fasting called "Beyond Hunger Games" we took the time to hear from those of you who spent time fasting during the past week. The over-arching theme of the day was simply this: if you don't quit, you win. Time after time it seemed that the stories that were shared were testimonies of God's sustaining power even in the difficult disciplines like fasting, and that if we don't give up, there is a spiritual payoff in the end.

Pastor Paul reminded us of our core value about testimonies – that we value YOUR STORY and expect God to receive glory and others to receive grace whenever you tell it – and shared again the powerful truth of Isaiah 6:3-4: when we testify to one another of how great God is, it releases a power that literally shakes the foundations of the temple. As many of you shared, that is exactly what happened!

Take the time this week to share stories of God's faithfulness in your life with your family and you're your Community Group (if you get together). Power is released whenever you do!

### Discuss

Use the following questions to review and apply the points learned in the message.

- What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye opening, or troubling? Explain.
- Read Revelation 12:11. It's good to remind ourselves of the truth that only 2 things are necessary for overcoming the enemy: Jesus' blood has already been shed, and so now it's on us to share our stories, which are the second part of the overcoming equation!
- Take time to write out the things that God has done in your life just in the past week. Give each family/group member an opportunity to share what he or she has seen God doing in his or her lives, too.
- Close out the time by praying for any needs that you are currently facing. Pray with faith for the future based on God's faithfulness in the past.

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## Commit...

Think and pray through your answers to the following questions in order to commit your life to living out what you've learned this week:

- What are some of the main truths/passages that God wants you to know from this message?
- Based on that truth/passage, what is an action that you can start to implement today or tomorrow?