

## GROWTH GUIDE / April 23, 2023

Here's a quick recap of our current series, and then some points and scriptures to help you as you discuss with your group.

### Current Series: Frequency

When we understand that there is a difference in the frequencies of Heaven and earth, we'll find a new level in the sound we bring to the obstacles we face. **FREQUENCY** will help us understand **the power of our worship and our words** when they are **filled with faith** that is **grounded** in who God is and **growing** in what we do

This week, we studied Daniel 6:1-10 in order to understand the flip side of frequency, which is infrequency. Too often we hope to have what we never prepared to receive, and Daniel's consistent faithfulness in prayer challenges us to remember that **we'll never do consistently later what we're only doing occasionally now**.

### The Big Idea: What we do frequently establishes our current frequency.

Here are 3 takeaways to discuss:

### Repetition leads to recognition

- Read John 10:4
- Consistent time with the shepherd helps us recognize His voice.
- We tend to remember what we repeat.
- What are some ways that you can help the voice of Jesus become more familiar?

### We'll never reap what we didn't plant

- Read Galatians 6:7-8
- In the message, Paul said, "The life with God you have is the life with God you planted." Discuss how you see the truth of that statement in your own life.
- Read Daniel 6:10
- What did Daniel plant? What did Daniel reap?
- The FIRST thing he did in persecution was the SAME thing he'd done in peace.

### It's hard to stop doing what's easy

- Sometimes we believe the lie that if we love God enough, godly things will be easy things
- Read Haggai 2:4; Mark 13:34; 1 Cor. 15:58; Col. 4:12; Phil. 2:12; and 2 Tim. 4:5. What is a common theme in each of these passages?
- The truth is that we'll never start doing the hard things if we think they should be easy. A new level require a new wrestle, but the beauty of the gospel is that we don't wrestle or work in our own strength.
- Read Mark 16:20 / Who is working through our work?
- Read Romans 8:10-11 / Who is empowering you to do the work?
- If we've spent infrequent time with the Shepherd, then increasing our frequency with Him can seem obviously necessary and practically daunting.
- Read John 13:17 / When does the blessing come? Thank the Holy Spirit for His power, and make a plan RIGHT NOW about how you will intentionally spend more time with Jesus.