



Community Groups are used extensively as the primary vehicle for discipleship at The Gathering and run on a quarter system. There is one in the fall, one in the winter and one in the spring. During the summer weeks we don't meet in Community Groups but we still offer the Growth Guides as a tool to help you grow personally. The Growth Guides are designed to help you dig deeper into the weekly sermon on your own or with your family and are available each week along with the note sheets at church as well as online.

USE THIS GUIDE TO PREPARE FOR THE DISCUSSIONS IN COMMUNITY GROUP.

Consider...

Use the summary and discussion below to review and apply this week's message:

Message Summary

We've talked about a lot of things during the Shipwrecked series: being aligned to God and one another, being attached to and carrying God's goodness into our relationships, and adding relational ingredients that can help us grow closer to God and others. This week, we wrapped it up by learning why secrets can be the number one relationship killer and what we can do to avoid this deadly iceberg. Spoiler alert: it's all about a culture of love where truth can be spoken without fear.

Discuss

Use the following questions to review and apply the points learned in the message.

- What does it mean to "walk on eggshells" with people? Have you ever been in relationships that felt like that? Which was more prevalent: fear of saying the wrong thing or freedom to say the helpful thing?
- Why is sometimes harder to speak truth to the people we love?
- Paul talked about the difference between speaking truth "IN love" and speaking truth "WITH love." How can the culture described in the first phrase make up for the times that we fail to live out the second phrase?
- How do the qualities in Ephesians 4:2-3 help to promote unity?
- Read Ephesians 4:26-27. How can dealing quickly with the things that anger us help us overcome offense?
- Consider the story Paul and Wendy shared about killing the spider. What is the spider that God wants to reveal in your life and/or relationships (you don't have to answer that out loud)? How could a culture full of love full of truth and free from fear give you the courage to kill it?